

**ALL CAMPERS ARE REQUIRED TO  
HAVE MEDICAL INSURANCE**

Insurance Company \_\_\_\_\_

Policy Number \_\_\_\_\_

Please list medications or any conditions we  
should be aware of.

\_\_\_\_\_

In Case of Emergency Please Contact  
Name \_\_\_\_\_

Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

I hereby give permission for \_\_\_\_\_  
to participate in the 2018 Panther Volleyball  
Camp. I waive any and all liability, claims,  
demands, actions, and causes of action whatsoever  
for any injury or accident of any kind against  
Plymouth State University and any or all  
employees, sponsors, coaches, or members of the  
team participating in this camp. I am aware there  
is no insurance of any kind covering my child and  
that they will be covered by family insurance. I  
attest my child is in good physical condition and  
am aware they will participate in rigorous activity.  
Any underlying medical problems or injuries will  
be relayed to the Camp Director in advance of  
participation.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



# Plymouth State University

*hosts*



**July 23 – July 26, 2018**

Foley Gymnasium

**Panther Camp One**

Grades 5 - 8

**Panther Camp Two**

Grades 9 -12

*Join the fun and improve your game!*

## CAMP INFORMATION

Panther Volleyball Camp is available for girls entering the 5<sup>th</sup>-12<sup>th</sup> grade. There are two separate camps that take place July 23<sup>rd</sup>-26<sup>th</sup>.

**Panther Camp One** is for girls entering the 5<sup>th</sup>-8<sup>th</sup> grade. This camp is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules, and strategies to be successful playing the sport of volleyball.

**Panther Camp Two** is for girls entering the 9<sup>th</sup>-12<sup>th</sup> grade. This camp is designed for beginner, intermediate, and advanced players who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition, and concepts of team play.

The main focus of both sessions will be to incorporate life lessons including character development, teamwork, and sportsmanship. This focus along with drills and daily scrimmages are aimed at developing the complete player. Players will be separated on courts according to skill level to both challenge and maximize their learning experience.

## CAMP TUITION AND INFORMATION

### **Panther Camp One \$150**

5<sup>th</sup>-8<sup>th</sup> Grade

9am – Noon (Monday-Thursday)

Includes 12 hours of instruction and a camp T-shirt

### **Panther Camp Two \$200**

9<sup>th</sup>-12<sup>th</sup> Grade

1pm-5pm (Monday-Thursday)

Includes 16 hours of instruction and a camp T-shirt

## CAMP DIRECTOR JOAN FORGE

Joan Forge is the Head Women's Volleyball Coach at Plymouth State University. She was the varsity coach at Gilford High School for 33 years prior to coaching at PSU. Coach Forge is the winningest high school varsity volleyball coach in the state of New Hampshire with a record of 542-83. Her volleyball teams have won 15 state championships and hold New Hampshire state records for 9 championships in a row and a 92 game win streak.

## THE STAFF

Coach Forge brings with her an outstanding coaching staff. The campers will receive personal attention from our knowledgeable and enthusiastic staff that features high school, JO and college coaches as well as outstanding college players from around the country.

## FACILITIES

The camp will take place in Foley Gymnasium on the campus of Plymouth State University. This is a perfect location for a summer camp experience in New Hampshire. There are 3 courts and plenty of space.

## PAYMENT

Please make checks payable to:

**Plymouth State University**

Mail check and registration form to:

Joan Forge

Athletics MSC32

Plymouth State University

17 High Street

Plymouth, NH 03264

For further information please contact Joan Forge

Cell: 603-387-1202

Email: [jcforge@plymouth.edu](mailto:jcforge@plymouth.edu)

## REGISTRATION FORM

Name: \_\_\_\_\_

Choose One Session (please circle)

**Panther Camp One**

**Panther Camp Two**

Grade Entering in the Fall of 2018

(please circle)

5 6 7 8 9 10 11 12

Birth Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Name of Parent(s) or Guardian(s):

\_\_\_\_\_

Parent Email

\_\_\_\_\_ @ \_\_\_\_\_

Parent Cell \_\_\_\_\_

T- Shirt Size: Please Circle One

Youth M L

Adult S M L XL

